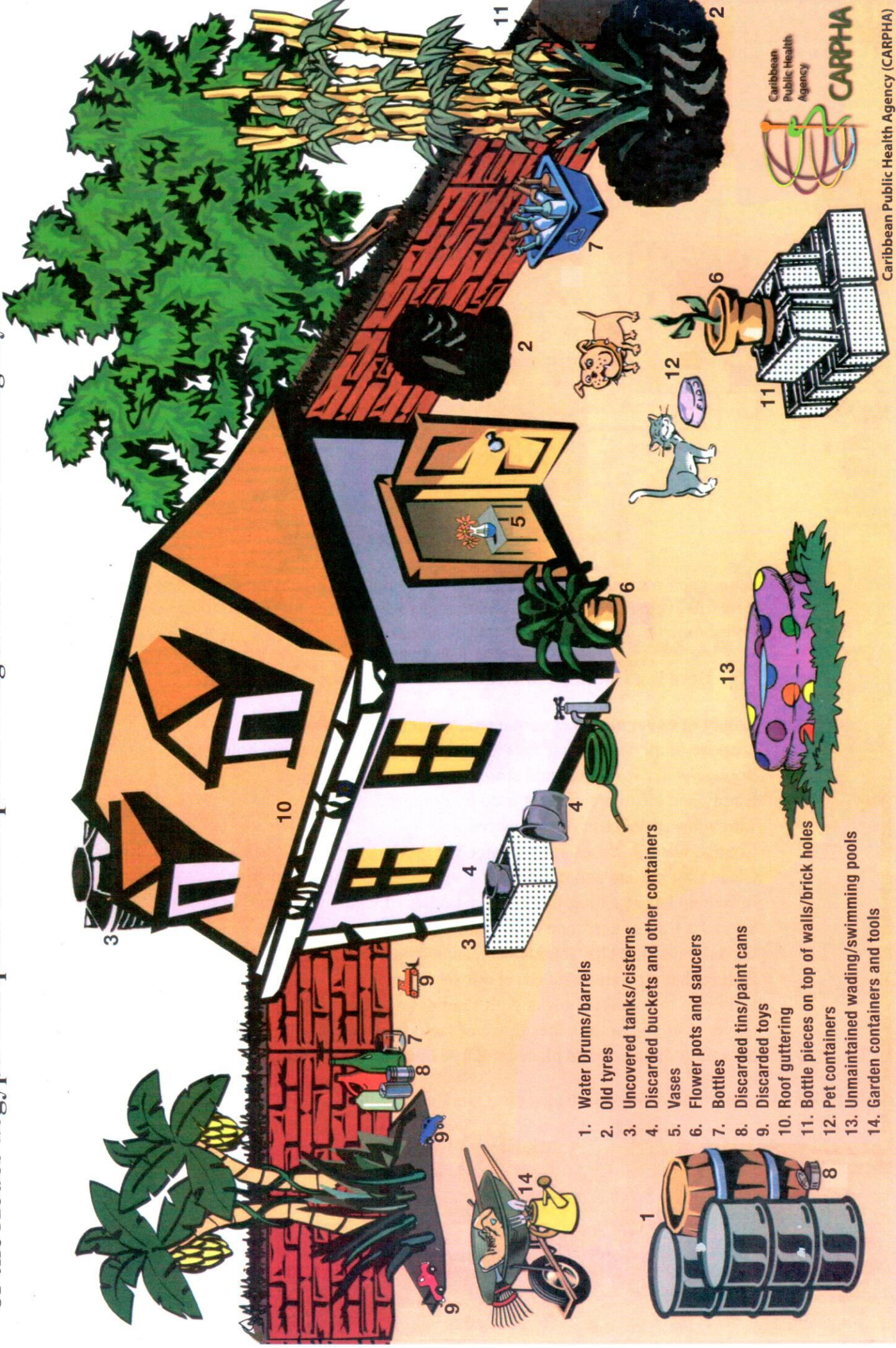
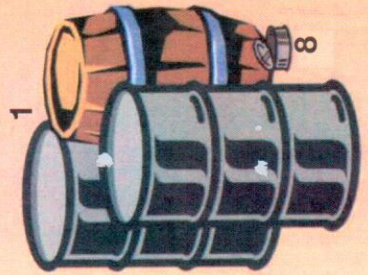


Take 10 minutes every week to clean your home and surroundings! Get rid of ALL breeding places of the Aedes aegypti mosquito which spread Dengue Fever and Chikungunya.

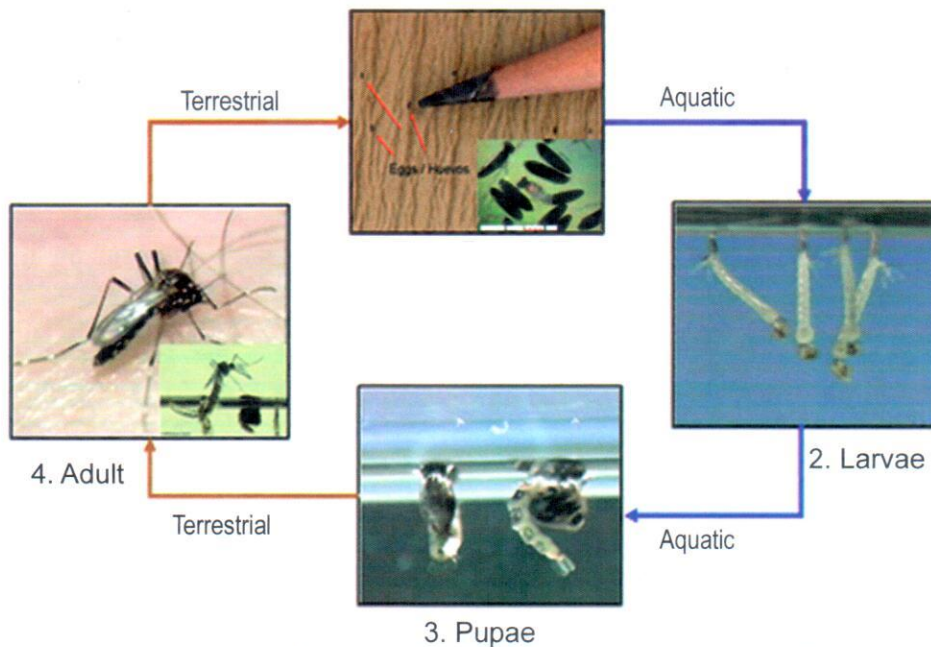


1. Water Drums/barrels
2. Old tyres
3. Uncovered tanks/cisterns
4. Discarded buckets and other containers
5. Vases
6. Flower pots and saucers
7. Bottles
8. Discarded tins/paint cans
9. Discarded toys
10. Roof guttering
11. Bottle pieces on top of walls/brick holes
12. Pet containers
13. Unmaintained wading/swimming pools
14. Garden containers and tools



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3. Pupae  
**Life-cycle of the *Aedes aegypti* mosquito**

The *Aedes aegypti* mosquito which causes dengue and chikungunya, has the first three stages of its life cycle in water. Therefore the best way to prevent mosquito breeding around your home or property is to remove stagnant water.

**Here is a Checklist to Help Destroy Mosquito Breeding Sites**

- ✓ Empty or cover all water containers, especially plastic buckets
- ✓ Dispose of all containers, bags and coconut shells that could hold water
- ✓ Sponge water from tires and store them in a covered area
- ✓ Empty and clean receptacles used by domestic animals
- ✓ Throw away water in plant saucers
- ✓ Change water in vases at least once per week
- ✓ Clean roof gutters and drains
- ✓ Introduce larvae eating fish to large bodies of water
- ✓ Spread a film of kerosene oil on pools of water
- ✓ Cover and seal wells, septic tanks, soak-aways and water storage tanks
- ✓ Ensure that all water tank covers fit securely
- ✓ Fill holes in concrete blocks with sand or concrete
- ✓ Cover inlet and outlet pipes to water tanks with screens and keep them free of debris
- ✓ Mosquito dunks can be placed in large bodies of clear water

Play your part in keeping Barbados clean and healthy.

**Ministry of Health, 2014**